

ULTRASOUND TRAINING COURSES

INTRODUCTORY ULTRASOUND GUIDED REGIONAL ANAESTHESIA

A Two-Day practical course for anaesthetists with limited experience in regional anaesthesia

PROGRAMME

Day 1: 09.00 – 17.30

08:30 Coffee and registration

09:00 Lecture: Welcome / Basic USGRA

10:00 Practical: US machine, probe, scanning, basic sonoanatomy (forearm)

10:30 Practical: Needling IP

11:00 Coffee Break

11:15 Practical: Upper Limb - Sono-Anatomy demo & workshops: supraclavicular to interscalene and axillary and tracking down

13:00 Lunch

13:45 Practical: Lower Limb - Sono-Anatomy demo & workshops femoral & saphenous and sciatic

15:00 Coffee Break

15:15 Practical: IFOP – Individualised Feed-Back on Procedural Skills. **Parallel Session:** Free Style (Revision of the day)

17:15 Lessons Learned

Day 2: 08.30 – 15.00

08:00 Coffee and Registration

08:30 Recap on day 1: Any questions / videos

08:45 Practical: Abdomen - Sono-Anatomy demo & workshops: rectus and TAP and ilioinguinal

10:00 Practical: Needling “out of plane / Walk down”

10:30 Coffee Break

10:45 Practical: Needling: “Reverse thread cannula”

11:15 Practical: Upper limb (interscalene to supraclavicular / axillary) and Lower limb (Fem saphenous /sciatic all 3 approaches)

12:15 Lunch

13:00 Lecture: Does and don'ts plus how to get started!

13:30 Practical: Truncal Blocks, Lower limb and Upper limb

15:00 Finish