

# 2010 ULTRASOUND TRAINING COURSES

## INTRODUCTORY ULTRASOUND GUIDED REGIONAL ANAESTHESIA

This course has 10 Royal College of Anaesthetists CPD Credits Awarded

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### COURSE DIRECTOR

**Dr Diana Mathioudakis**

Consultant Cardiac Anaesthetist  
Heartcentre University of Leipzig

### FACULTY

**Dr Duncan Farquhar-Thomson**

Consultant Anaesthetist  
Dorset County Hospital

**Dr Oliver Tweedie**

Consultant Anaesthetist  
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**Dr Simon Ridler**

Consultant Anaesthetist  
Countess of Chester Hospital

**Dr Thierry Pirotte**

Consultant Anaesthetist  
Université Catholique de Louvain,  
Belgium

**Mr Shaun Rick**

Clinical Applications Specialist  
SonoSite LTD

## PROGRAMME

**Day 1:**

**09.00** Coffee and registration

**09.30** Lecture: Welcome, MCQ (anatomy, patterns, physics)

**09.45** Lecture: Basic USRA

**10.00** Practical: US machine, probe, scanning, basic sonoanatomy

**10.30** Practical: Needling (in plane/out of plane)

**11.00** Coffee Break

**11.15** Practical: Upper Limb - Sono-Anatomy demo, 3 x 30 minute workshops, (axilla, supraclavicular, interscalene)

**13:00** Lunch

**13.45** Practical: Lower Limb - Sono-Anatomy demo. 3 x 30 minute workshops (femoral, popliteal, sciatic)

**15.30** Coffee Break

**15.45** Practical: Lower Limb: sciatic and popliteal

**16.15** Practical: Needling (reverse thread cannula)

**16.45** Lecture: Review of day and nerve block video

**17.00** Finish

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## PROGRAMME

**Day 2:**

**08.30 Coffee and Registration**

**09.00 Recap on day 1:** Any questions

**09.15 Practical:** Abdomen - Sono-Anatomy demo. (ilioinguinal, rectus and TAP)

**10.00 Practical:** Needling (catheter)

**10.30 Coffee Break**

**10.45 Practical:** Freestyle: 3 x 30 minute

**12.15 Lunch**

**13.00 Lecture:** Review, Second MCQ

**13.15 Practical:** Freestyle: 3 x 30 minute\*\*

**15.00 Finish**

\*\* Tea and coffee will be available from 14.00.